

Hi,

Our mid-season report card is in. We are giving ourselves an A-! We are pleased to have offered hundreds of private and group tennis classes. Our tennis camp is in full swing. We have tons of satisfied clients but we know there are a few of you in which we have disappointed. Rest assured we are trying tirelessly! We won't mention our errors but recognize we are not where we want to be which is giving everything, we have every second, every day and ensuring the smooth operation from A - Z. Give us a chance to repair our standards to A+.

Camp:

Our 5th week is in operation next week. We are offering a refer a friend discount of \$100. Yes, you read right. You can save \$100 on camp fees by referring us a new camper. Ask your child to bring in a friend and you and the person you refer save \$100. [Read more](#). In addition, we are also offering an instant \$40 off by using the coupon code "TSPAcool". We know times can be tough financially and we want to offer every possible chance so that your child can enjoy some times with us. We are pleased to offer three locations including an advanced tennis camp. Anyone who registers gets three free group lessons too. [Read More](#).

We integrate sports psychology into the camp and check out this picture below!

<https://www.facebook.com/atpstspa1/photos/a.165768336808736/5577314405654075/>

Check out the video below!

<https://www.facebook.com/liordoron/videos/1949081595287661>

Clinics:

In partnership with the City of Côte Saint-Luc, TSPA offers group lessons but registration is through their website. There are a few more spots left in a four-week session that starts next week at the Rembrandt Tennis Courts ([more info](#))

Many of you have asked if TSPA offers a committed schedule so that the same group of students can participate in a class. There can be a better progression of learning. The answer is yes! This is what is available now.

| Day of the Week / Time* | Level | Location | Cost |
|---|---------------------|-----------|---|
| Tuesdays 5pm 4 weeks starting August 2, & September 6 2022 | Adult Beginner | Rembrandt | 85 Resident, 110 Non-resident 70 Seniors 90 Seniors non resident |
| Tuesdays 6pm 4 weeks starting June 28th, August 2, and September 6, 2022 | Adult Intermediates | Rembrandt | 85 Resident, 110 Non-resident 70 Seniors 90 Seniors non resident |

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|---|----------------|-----------|---|
| Tuesdays 7pm 4 weeks starting June 28, August 2, and September 6, 2022 | Adult Advanced | Rembrandt | 85 Resident, 110 Non-resident 70 Seniors 90 Seniors non resident |
|---|----------------|-----------|---|

* Bring your own racquet, in case of rain and to find out the status of the courts call 514-485-8912.

You can register online by clicking [here](#) or going to <https://mon.accesscite.net/66058/en-ca/Home>

You may also call the City's Recreational Department at 514-485-6806, 2, 4 (dial 2 and then 4) or via email recreation@cotesaintluc.org

The TSPA Team ([read more](#)) are the ones who deliver the service! We'll see you on the courts!

In addition to this, we have lessons almost every day! Those lessons can be booked directly on our website www.tspa.ca. Just login at the top of the page, click new client if that is the case, click make a reservation and follow the prompts. Below are examples of some of our clinics but we add more every week so **login and check the schedule often!**

May I share the TikTok Video of Michael Sidawi:

https://www.tiktok.com/@atpstspa/video/6961965127776177413?is_copy_url=1&is_from_webapp=v1

| Day of the Week / Time * | Level / Target Audience | Location | Cost |
|--|----------------------------------|---|------|
| Saturdays and Sundays | 5-6 years old recreational | Cote Saint-Luc Tennis Club | 22 |
| Saturdays and Sundays | 7-9 years old recreational | Cote Saint-Luc Tennis Club | 22 |
| Saturdays and Sundays | 10-17 years old | Cote Saint-Luc Tennis Club | 22 |
| Monday - Friday 5-6pm | 10-17 years old Advanced Juniors | Caldwell on Mondays and Tuesdays, Cote Saint-Luc Tennis Club on Wednesdays, Thursdays and Fridays | 22 |
| Mondays and Wednesdays 6-7pm | Adult Strong Beginner | Mondays at Caldwell, Wednesdays Cote Saint-Luc Tennis Club | 22 |
| Saturdays and Sundays 9-10am & 11-12am | | Cote Saint-Luc Tennis Club | |

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|--|---------------------|--|----|
| | | | |
| Tuesdays, Thursdays and Fridays 6-7pm | Adult Intermediates | Tuesdays at Caldwell, Thursdays and Fridays at the Cote Saint-Luc Tennis Club | 22 |
| Saturdays and Sundays 10-11am | | Cote Saint-Luc Tennis Club | |

We'll see you on the tennis courts!

Sincerely,

Lior Doron

Academy Director

Tennis and Sports Psychology Academy Inc.

514-886-9929 (yes you can text me here too). I actually prefer text messages :)

P.S. Take a few moments to go on our website and click the various social media posts. Like and share would be appreciated! If you are interested in seeing more ways to get in season discounts on our services, visit <https://tspa.ca/isd>