

Putting a new <u>spin</u> on day camps!

www.tspa.ca • 514.886.9929 • info@tspa.ca



MONTREAL'S DAY CAMP DESTINATION FOR TENNIS LOVERS!

A t the heart of Tennis & Sports Psychology Academy (TSPA) is our tennis day camp for 5-14 year-olds held at multiple locations in Montreal between June and August. In addition to tennis, soccer, pool and field trips, campers benefit from an environment that features both positive sports psychology and living skills.

Lessons

Delivered by TSPA-certified instructors, our tennis lessons are offered in a maximum 8:1 ratio.





Practice games

Fun, week-long exhibitions played on clay and hard court surfaces at our tennis facilities. Perfect practice makes perfection!

Tournaments

Friendly, round robin and weekly tournaments are organized throughout the season. Every camper "wins" at TSPA!



My son has attended the TSPA camp for the past

several summers now and is already planning to attend next summer as well. He loves the pros, counselors and staff.

"

-- Maria Popova, McGill professor

Watch the pros play!

For one full day during the season, TSPA campers get to experience multiple matches at the **Rogers Cup** held at the Uniprix Stadium.www.tspa.ca/rogerscup



Field trips...that's all about fun!

We don't stop at the Rogers Cup! Our activitybased field trips are *very* popular. Whether it's at the amusement park or water slides, your child is guaranteed to have fun!www.tspa.ca/fieldtrips



Soccer & pool

When your child is not swinging rackets, they can enjoy soccer* or, if whether permits, take a dip in our pools! *coached by qualified instructor



I LOVE TENNIS

Coupon reward system

Campers displaying good behaviour and a team spirit are often rewarded with **coupons**, which they a can redeem for any product or service offered at TSPA.

www.tspa.ca/coupons



Tennis boutique — we got you covered, from head to toe!

Are you missing a racket? Need tennis shoes? Need not worry! We have all the required gear and apparel to get you ready for your participation at TSPA, from shoes to bags to wrist bands to shirts (junior and adult). www.tspa.ca/store



We even got TSPAbranded items like shirts and caps!

Get 1 coupon for every \$20 you spend at the

boutique!



Get rewarded for your referrals

Refer us a new client and get rewarded with a \$100 credit which you can apply to camp fees within one year. Your referral gets a discount of the same amount when they register for camp. www.tspa.ca/refer



Current locations & memberships

Côte St Luc Tennis Club (CSLTC)

8215 Guelph Côte Saint-Luc, Quebec H4W 1J1 www.tspa.ca/clubcsltc

Caldwell Tennis Courts (CTC)

5785 Parkhaven Côte Saint-Luc, Quebec H4W 1X8 www.tspa.ca/caldwell

Did you know...

- Camp fees are **tax- deductible?** Your official relevé 24 receipt is automatically available for you to download by February 28th the following year.
- Our early bird rates can you save you in upwards of 50%? Visit www.tspa.ca/campeb
- You can pay in up to six monthly payments at **0%** *interest?* More info at www.tspa.ca/finance
- We offer a **lunch menu** and free pizza on Fridays! www.tspa.ca/menu

Before- and after-camp supervision

Morning and afternoon supervision at our "Chill Zone" is available. Your kids are in good hands at TSPA!

Hey 14-18 years-old!

Join the TSPA dream team by learning the ropes and earn income as either a pro or counselor in trainer. www.tspa.ca/pitcit



Mailing address: TSPA Inc. 5800 Cavendish Blvd. Cavendish Mall, P.O. Box 66534 CSL, Quebec H4W 3J6 514-886-9929 , info@tspa.ca , www.tspa.ca

A

TSPR Sports Psychology A C A D E M Y			
since 2 0 0 2	summer day camp for 5-14 years old more Rogers Cup field trips		optional day care ("Chill Zone")
	free pizza Fridays	coupon incentive offers	lunch menus bilingual staff
many L O C A T I O N S	mental skills training workshops	field games & pool	tennis S t
	lessons, games & tournaments		o r e